

Annex 3 • Minimum care for rape survivors in low-resource settings

Checklist of supplies

1. Protocol	Available
▶ Written medical protocol in language of provider	
2. Personnel	Available
▶ Trained (local) health care professionals (on call 24 hours a day)	
▶ A "same language" female health worker or companion in the room during examination	
3. Furniture/Setting	Available
▶ Room (private, quiet, accessible, with access to a toilet or latrine)	
▶ Examination table	
▶ Light preferably fixed (a torch may be threatening for children)	
▶ Access to an autoclave to sterilize equipment	
4. Supplies	Available
▶ "Rape Kit" for collection of forensic evidence, including:	
✓ Speculum	
✓ Set of replacement clothes	
✓ Tape measure for measuring the size of bruises, lacerations, etc.	
▶ Supplies for universal precautions	
▶ Resuscitation equipment for anaphylactic reactions	
▶ Sterile medical instruments (kit) for repair of tears, and suture material	
▶ Needles, syringes	
▶ Gown, cloth, or sheet to cover the survivor during the examination	
▶ Sanitary supplies (pads or local cloths)	
5. Drugs	Available
▶ For treatment of STIs as per country protocol	
▶ Emergency contraceptive pills and/or IUD	
▶ For pain relief (e.g. paracetamol)	
▶ Local anaesthetic for suturing	
▶ Antibiotics for wound care	
6. Administrative supplies	Available
▶ Medical chart with pictograms	
▶ Consent forms	
▶ Information pamphlets for post-rape care (for survivor)	
▶ Safe, locked filing space to keep confidential records	